A heart attack happens every 40 seconds in America.

Addressing cardiovascular disease and type 2 diabetes begins with addressing obesity.

A fatal connection: obesity, cardiovascular disease & type 2 diabetes

Undiagnosed obesity leads to high blood pressure, which raises the danger of:
- Heart attacks
- Strokes
- Heart failure

Obesity raises LDL cholesterol levels, increasing the risk of Type 2 diabetes.

Half of people with diabetes die of heart disease.

A heart attack happens every 40 seconds in America.

Addressing cardiovascular disease and type 2 diabetes begins with addressing obesity.