Mental Health Parity

44 MILLION AMERICANS LIVE WITH A MENTAL HEALTH CONDITION.

The most common conditions are:



Anxiety disorders



Depression



Bipolar disorder

↑↑↑↑↑ ONLY HALF

of Americans who need mental health treatment receive it.



INSURANCE

MENTAL HEALTH PARITY POLICIES

federally require insurers to cover mental health care at the same rate as standard care.

But coverage challenges remain for some patients.

Greater compliance and enforcement of parity policies will help people get the mental health care they need.



