Delaying or denying prescribed medication for mental health patients puts them at risk.

**PRESCRIPTION MEDICATION** can play an important role in treating mental health conditions such as:

- Anxiety
- Bipolar disorder
- Depression
- Schizophrenia

But health plan barriers can get in the way.

**STEP THERAPY** requires patients to try and fail several medications before getting what their doctor prescribed.

**PRIOR AUTHORIZATION** delays treatment while patients and clinicians wait for approval.

**NON-MEDICAL SWITCHING** forces stable patients off their effective therapy and on to an insurer-preferred medication.