

Helping Women Overcome

Postpartum Depression



1 IN 7 WOMEN

experience postpartum depression.



Innovation continues to produce **new treatments** that come in different forms.

Options make it easier for moms to find a medication that works for them.



But **treatment access** will be critical in ensuring moms can benefit from new options.

All too often, moms face:



Stigma



Lack of awareness



Health plan coverage barriers



Policymakers should ensure that **mothers can take care of themselves** as well as their babies.