Helping Women Overcome Postpartum Depression

1 in 7 women experience postpartum depression.

Innovation continues to produce new treatments that come in different forms.

Options make it easier for moms to find a medication that works for them.

But treatment access will be critical in ensuring moms can benefit from new options.

All too often, moms face:

- Stigma
- Lack of awareness
- Health plan coverage barriers

Policymakers should ensure that mothers can take care of themselves as well as their babies.