CANCER PATIENTS & MENTAL HEALTH CARE

A cancer diagnosis is life changing. It can cause psychological and emotional stress for patients and their families.

1 out of every 3 hospitalized cancer patients develops a mental health condition.

Up to 24% of people with cancer are also diagnosed with depression.

Overwhelmed by battling both cancer and a mental health condition, patients may:

- Exercise less
- Drink too much alcohol
- Miss doctor’s appointments
- Skip medication

Certain symptoms could stem from cancer, cancer treatment or an untreated mental health condition:

- Fatigue
- Insomnia
- Irritability

Access barriers may exacerbate these symptoms and complicate care.

Mental health treatment can be an important part of patient-centered cancer care.