

IgG4-RD AND

MENTAL HEALTH

Living with a rare disease like IgG4-RD can **STRAIN PATIENTS' MENTAL HEALTH.**

BECAUSE THEIR DISEASE IS RARE, patients may lack formal support groups, understanding from friends or family, or accommodations at work.



Faced with an arduous diagnosis journey and extensive treatments, **PATIENTS MAY FEEL:**

ISOLATED

FRUSTRATED

LONELY

HELPLESS

GOOD POLICIES AND IMPROVED PRACTICES

can help IgG4-RD patients better manage their mental health.



Disease and treatment recognition



Innovation and clinical trials



Increased disease awareness



Support communities

Policymakers, patients and providers can work together to **IMPROVE IgG4-RD PATIENTS' MENTAL HEALTH CARE.**

IgG4-RD patients need support for **THEIR DISEASE AND THEIR MENTAL HEALTH.**