Patients with obesity are at an increased risk of developing mental health conditions. They are 55% more likely to be diagnosed with depression.

Patient-centered obesity care starts with recognizing both the physical and mental health aspects.

Sometimes a medication for one condition can impact the other condition. A medication for obesity may impact a patient’s mood. A medication for mental health may lead to weight gain.

Patients should work with their provider to tailor a treatment regimen that takes the whole patient into account and minimizes side effects.

TREATING OBESITY AND MENTAL HEALTH GO HAND IN HAND.