

# OBESITY CARE & MENTAL HEALTH CARE

Some people living with obesity also face an additional struggle:  
their mental health.

Patients with obesity are at an increased risk of developing mental health conditions.

They are **55% more likely** to be diagnosed with depression.



Sometimes a medication for one condition can impact the other condition.

A medication for mental health may lead to weight gain.

A medication for obesity may impact a patient's mood.



Patient-centered obesity care starts with recognizing both the physical and mental health aspects.



Patients should work with their provider to tailor a treatment regimen that takes the whole patient into account and minimizes side effects.

**TREATING OBESITY AND MENTAL HEALTH GO HAND IN HAND.**



Alliance for Patient Access