CARDIOVASCULAR PATIENTS & MENTAL HEALTH CARE

A patient’s cardiovascular disease may impact their mental health, and vice versa.

Meanwhile, treatments for one condition may influence the other.

Up to 40% of heart disease patients have major depressive disorder.

Young adults with depression or a mental health condition are more likely to have a heart attack or stroke.

Comprehensive treatment must account for the overlap between cardiovascular disease and mental health conditions.

Patient-centered care means treating a patient’s heart and their mind.