

OBESITY & ARTHRITIS CARE

Obesity and rheumatoid arthritis can impact each other.

About 2/3 of patients
with rheumatoid arthritis
also experience obesity.



Obesity can place
additional pressure on joints,
**increasing pain and
inflammation.**

Living with obesity can:



**WORSEN RHEUMATOID
ARTHRITIS**



**MAKE MEDICATIONS
LESS EFFECTIVE**



**LEAD TO DIFFICULTIES IN
PHYSICAL EXAMINATIONS**

Patients & providers should
work together to find
optimal treatment
for their rheumatoid
arthritis and obesity
symptoms.



Alliance for
Patient Access

Patient-centered care means taking obesity
and rheumatoid arthritis seriously.