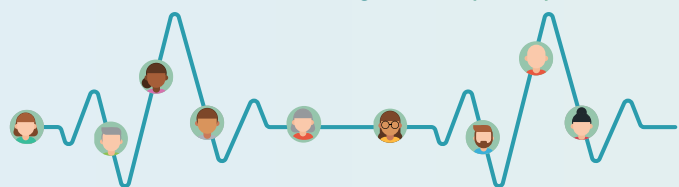


HYPERTROPHIC CARDIOMYOPATHY & MENTAL HEALTH

Hypertrophic cardiomyopathy is a common heart condition that impacts **1 in every 250** people.



It can also influence a patient's **mental health**.

HCM can be fatal. Patients may experience severe emotional distress as they live with a condition that can potentially lead to sudden death.



HCM patients were over **3x more likely** to be diagnosed with at least one mental health condition, such as:



Anxiety disorders



Mood disorders



Sleep disorders

Treating a **mental health condition** can be tough.

And that can make it harder to manage HCM.

A **coordinated care** team must pursue holistic care that treats all a patient's health conditions.



Patients with HCM need care that addresses **all** their health needs.



Alliance for
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