

HOW POLICYMAKERS CAN SUPPORT PATIENTS WITH SERIOUS MENTAL ILLNESS

The United States faces a full-scale mental health crisis, with many Americans in need of proper care and support.

Barriers to proper care for patients with serious mental illness are often **unintended consequences** of outdated public policy.



To improve the lives of patients, decision makers at every level must **prioritize consistent access to care.**

Policymakers can **support people** living with serious mental illness by:



- ✓ Reducing utilization management practices
- ✓ Enforcing mental health parity laws
- ✓ Investing in wraparound support services
- ✓ Strengthening Medicaid coverage and continuity

Better mental health support starts with better policy.



Alliance for Patient Access