



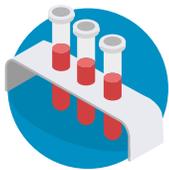
Alzheimer's Care

Expanding Diagnosis and Treatment Options

For many years, Alzheimer's disease could be diagnosed only after symptoms became noticeable, and treatment options were limited to managing those symptoms. Today, that is changing. New diagnostic tools can detect the presence of the disease earlier and more accurately. The first disease-modifying therapies have become available, along with improved symptom management. And growing evidence supports the power of lifestyle changes. Together, these advances are reshaping Alzheimer's care.

Earlier and More Accurate Diagnosis

Early diagnosis is critical for Alzheimer's patients, because treatment is most effective in the early stages of the disease. Patients and clinicians can identify Alzheimer's sooner with the help of new tools.



Blood-based biomarker tests

FDA-cleared biomarkers are blood tests that can detect signs of Alzheimer's.



Advanced cognitive assessments

These tests measure patients' memory, attention and executive functioning over time.

Earlier prevention strategies are increasingly available, allowing patients and families to make decisions before significant cognitive decline.

FDA-Approved Treatment Options

For the first time, treatment options are available to target amyloid plaque in the brain.



Lecanemab

Donanemab

These innovative treatments help slow disease progression in eligible patients and represent a major advancement beyond symptom management. Additional therapies targeting different disease pathways are also in development.

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Symptom Management and Lifestyle Changes

Even as new treatments emerge, patients have ways to maintain their quality of life. Medications are now available to address agitation, behavioral changes, anxiety and sleep problems. These treatments can improve daily comfort.

Meanwhile, research shows that healthy habits can help support cognitive function, particularly when combined with medical care. Heart-healthy diets, regular physical activity, cognitive exercises and increased social interaction may all help patients sustain their day-to-day lives. While lifestyle strategies are not a cure, they can promote independence and overall well-being.

Policy Should Reflect Advancements

Alzheimer's care is rapidly evolving and creating new opportunities for patients and families. To ensure that patients benefit from these advances, coverage and reimbursement policies must keep pace with innovation. To fully realize the promise of this new era in Alzheimer's care, continued support for access, early detection and treatment are essential.

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**Alliance for
Patient Access**

The Alliance for Patient Access is a national network of policy-minded health care providers advocating for patient-centered care.

AllianceforPatientAccess.org

